



KINGSTOWNE
INTERNAL
MEDICINE

Rick Weissinger, MS, RD, LDN



Hello! I'm Rick Weissinger, M.S., R.D., a Registered/Licensed Dietitian/Nutritionist. I specialize in weight loss and in using knowledge of the connections between nutrition and medicine to help patients understand their diseases and treat the root causes. I'm the author and co-author of a number of books, including **What the Experts Say About Food and Cancer** and two editions of **Nutrition Guide for Clinicians.** I offer evidence-based, state-of-the-art expert level Medical Nutrition Therapy for clients with a wide variety of health problems. Not just the typical diet-related issues like weight loss and high cholesterol, but many others for which nutrition therapies exist: cancers, fibromyalgia, neuropathy, depression, migraine, arthritis, multiple sclerosis, skin diseases, eye diseases, memory (cognitive) problems, intestinal ailments, and many, many more health problems.

~Rick

NUTRITIONIST FEES

Initial sessions:

- Individual \$99 (1 hour)
- Group of two
\$75 per person (1.5 hours)
- **Group of three
\$60 per person (1.5 hours)**

Follow up sessions:

- Individual : \$49 (30 min)
- Group of two :
\$45 per person (45 min)
- **Group of three: \$40 per person (45 min)**